

ANJI INC.
The Road to Baby
Fact Sheet

YOUR GUIDE

Jennifer R. Bloome, MS OTR, HWC is the President and Founder of Anji, Inc. Jennifer is an Occupational Therapist as well as a Health and Wellness Counselor specializing in Women's Health. Jennifer has trained The Mind-Body Medical Institute in Boston, MA.

THE POINT OF ORIGIN

Anji is an Ojibwa word meaning 'Change'.

Jennifer Bloome helps to facilitate this change in support of women's health, fertility and pregnancy through individual instruction in Mind-Body techniques and workshops designed to understand and alleviate the emotional and physical stress which may lead to or result from issues including infertility.

YOUR ITINERARY

Anji, Inc. focuses on applying the Relaxation Response to areas of women's health that range from including Infertility and Pregnancy to Menstrual Discomfort, Menopausal Symptoms, Insomnia, Anxiety, Depression, Chronic Illness, Weight Management and Low Self Esteem.

Anji, Inc. distributes *Journey of the Heart*, a series of CD's that can lead a woman through the different stages of infertility, prenatal and pregnancy care.

These areas can be addressed through individual and group training or through one of Jennifer Bloome's specialty CD's that can guide you through applying the Anji, Inc. principles to many different areas of your life.

OTHER SITES ALONG THE WAY

www.AnjiOnline.com provides a complete overview of Jennifer Bloome and Anji, Inc., along with a comprehensive site for purchasing Anji, Inc. CD's and custom recordings designed specifically for your needs. Anjionline.com is a resource of information and links to areas effecting and resolving women's health issues.

FOR MORE INFORMATION

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